


PLANT BASED COOKING



In partnership with



LEARN TO COOK HEALTHY FOOD!

 Pierpont Community & Technical College Culinary Academy
2600 Middletown Commons Suite 129 Whitehall, WV 26554

Course Description

This 2.5 hour course promotes healthy eating through Plant Based Cooking and is offered in partnership with West Virginia University Hospitals - Fairmont Medical Center. This is a vegetarian cooking class incorporating breakfast, lunch, and dinner menus that are easy to make at home and nutritious.

Course Learning Outcomes

- Gain a greater understanding of plant-based options
- Implement recipes and other healthy meal options toward a healthier lifestyle

MORE INFO

Questions?
Call 304-367-4920



Two Class Date Options:

Sept. 28, 2023 | 6:00pm - 8:30pm

OR

Nov. 9, 2023 | 6:00pm - 8:30pm



Tuition: \$85

includes all materials and supplies

Tuition Scholarships Available